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Feedback Ideas / Submissions

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 10th of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: ewood@bestversionmedia.com.

Are you on the association board for your subdivision? Contact us for information on how you can submit articles, updates, reminders, events and more to the residents. We create customized homeowners association sections at no cost to the HOA or the residents.

Content Submission Deadlines

Content Due: Edition Date:

January 10	February
February 10	March
March 10	April
April 10	May
May 10	June
June 10	July
July 10	August
August 10	September
September 10	October
October 10	November
November 10	December
December 10	January



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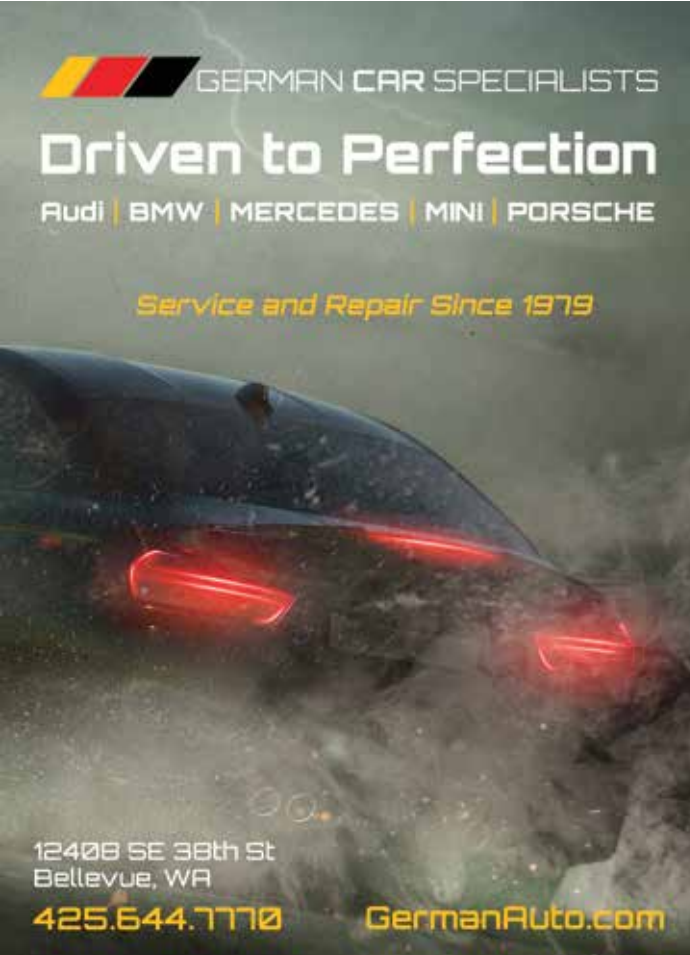
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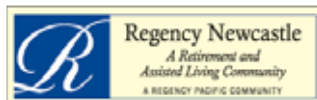
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Seattle's Early Industrial History

By Kent Sullivan and Russ Segner

NEWCASTLE SPRUNG into existence in the years after homesteaders discovered coal just east of Lake Washington in 1862. Seattle, a village of barely 1000 people in 1870, did not generate much demand for coal, but San Francisco, a city 150 times larger, was in great need of it for industrial and residential use, yet its local source (Mt. Diablo) was nearly exhausted. Seattle also greatly desired a “cash crop” to help provide much-needed capital. The timber and lumber businesses, although thriving on the Olympic Peninsula by 1870, were slow to develop in the Seattle area.

Creating a mining operation from scratch, to get coal to the surface, was a substantial challenge—but it was only half the battle because the coal still had to be transported nearly 20 miles to the nearest ocean-going port, Seattle. The lowlands surrounding Seattle circa 1865 were densely-forested, old-growth wilderness, with absolutely no infrastructure (railroads, roads, settlements, etc.). Small quantities of coal were initially transported by canoe across Lake Washington, switching to small, shallow-draft barges guided south on the lake, to the Black and Duwamish Rivers, to Seattle's waterfront. Clearly, a viable commercial enterprise could not be sustained with these methods. Doing something different and more practical required capital—a lot of it—and there was little available in the village of Seattle. San Francisco, by comparison, was flush with investment dollars, and its investors were definitely motivated to help the city continue to grow and thrive. Thus, the Seattle Coal & Transportation Company (SC&T) was born in 1870.

The SC&T rapidly got an operation going that would have made Rube Goldberg proud, involving transloading coal 11 times in its journey. Amazingly, enough money was made this way that the company shut down for an entire year in

LEFT: Newcastle Landing circa 1874. Photo courtesy of Eastside Heritage Center
RIGHT: Newcastle Landing as it looks today. Photo courtesy of Kent Sullivan



mid-1873 to build a more-efficient transportation solution. This involved three rail segments, using a 3' narrow-gauge system, and two lake segments, using barges propelled by steam tugs.

Even this system was deemed too costly and was replaced by an all-rail route in early 1878. (Please refer to Kurt Armbruster's excellent book, *Pacific Coast: Seattle's Own Railroad* for more information on this operation.)

A dedicated group of members of the Newcastle Historical Society (NHS) has been researching all aspects of the SC&T: the route, equipment, production, people, and more. Last year they uncovered the site of an incline used to lower loaded coal cars to the east shore of Lake Washington. Amazingly, part of the inclined site survives today (on private property).

An information-packed presentation on many aspects of the SC&T will be given September 26 at the Bellevue Downtown Library at 7:00 PM, in conjunction with NHS and the Eastside Heritage Society. The public is invited, and there is no charge. We hope you're able to attend and learn more about this fascinating, all-but-forgotten chapter of Newcastle's early industrial history.



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Meet the Kim Family



Photos by Cindy Richey Photography

By Amy George

IF YOU LOOK UP on a clear night in the September sky, chances are good that you'll get a pretty decent view of Jupiter and Saturn. As autumn rolls around, constellations like Aquarius and Pisces come into sight. Early October is your next best chance to see the brilliant show provided by a meteor shower. Ask any member of the Kim family for advice on the best spots for stargazing in and around Somerset. Peering into their telescope is something that dad Richard enjoyed from childhood and now shares with wife Sue and children Ashley, Lawrence and Charlotte. When not in their backyard, you might find them at nearby Lewis Creek Park.

Richard Kim and Sue Choi both grew up loving the outdoors. Their mutual affection was one of the driving factors behind their relocation to the Pacific Northwest more than ten years ago. After initially settling in downtown Seattle, they moved to Somerset once they had kids. They love the great schools, the abundance of young families, all the hidden little parks, and the free parking!

Richard grew up in Orange County in southern California. After earning his undergraduate degree from Harvard University, he attended medical school at the University of California, San Francisco. That's where he and Sue met through friends. Both were finishing up their respective degrees – Richard

was earning a medical degree and Sue a dental degree.

Sue grew up in Korea and attended high school also in southern California (Los Angeles) before heading north to Berkeley for her undergraduate degree. After she and Richard finished their studies at UCSF, Sue moved to Portland for her residency at Oregon Health Science University. Richard went a bit further north to do his residency at the University of Washington. After dating long distance, Sue joined Richard in Seattle, and the couple is celebrating their tenth wedding anniversary this year.

Daughter Ashley joined the family in 2011. She's a third-grader at Jing Mei

We would like to thank Stephanie Kristen with Windermere Real Estate for bringing you this month's cover story.



Elementary this year and loves to read. She finished the *Chronicles of Narnia* series this summer and is a fan of anything Pokémon. She also plays piano and violin and recently spent a week at a Suzuki music camp at Seattle Pacific University. Ashley also swims at nearby Somerset Recreation Club.

Little brother Lawrence is six and is also at Jing Mei as a first grader. Like his sister he swims and enjoys card games, though he's more into games like Go Fish and Sushi Go. He is fascinated by geography and languages. He also plays the piano



and loves doing origami. His summer included learning tennis at Edgebrook and golf camp at First Tee.

Baby Charlotte is two, and, according to Ashley, "loves everything that starts with the letter B." Her current favorites are balls, blankets, and bunnies. Charlotte – along with the rest of the family – is often at the Coal Creek YMCA.

Together, the family enjoys outdoor adventures both at home and away. When they're not out stargazing, you might find them harvesting plums from the trees in their backyard. The best



advice for picking the best fruit? Wait until they're ripe and pick by hand. If not at home, you might find them out and about in one of the neighborhood parks – the Forest Hill Neighborhood Park is a favorite.

They also try to go camping as much as possible. In August, they returned to one of their favorite places: Fort Flagler Historical State Park on the tip of Marrowstone Island, across the water from Port Townsend. They caught dozens of little hermit crabs along

CONTINUED ON PAGE 8

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the shore and spent evenings making s'mores and stargazing.

When not spending time outdoors, you'll find Richard at Valley Medical Center in Renton where he works as a Pulmonary and Critical Care physician. He still plays the violin and has been part of the Puget Sound Symphony Orchestra since 2007. "It's truly a community orchestra," and he and Sue have met many friends there.

Sue is very busy these days at her practice in Factoria – Newport Pediatric Dentistry. She'd been associating at other practices when she realized she wanted something closer to home. Factoria was an obvious choice of location because she loves the community and liked the idea of taking care of the people in it.

Pediatric dentistry was a natural fit for Dr. Sue (as she's known to patients). She always liked working with kids and was planning to become a kindergarten teacher. Fate intervened in the form of a wonderful mentor when she took a college job as a dental assistant. Sue's also a great artist; she paints both watercolor and oil. Her passion for art is another reason why dentistry turned out to be such a great fit. Dentistry also requires thoughtful attention to detail and superb fine motor skills.

Dr. Sue does practice in her own house what she advises her patients: candy is tightly regulated at home. The kids have candy for Halloween and at birthday parties. However, she joked, "it's a constant topic that is often renegotiated" as the kids get older. Halloween must be difficult; as the kids surely get lots of candy for their amazing costumes. Each year, the kids pick a theme, and Sue makes their costumes. Last year, the three siblings went as Beanie Boos and this year, it's looking like it'll be Pokémon characters.

The next time we have a beautiful starry night, be sure to take a look. Chances are, you'll be in good company with your neighbors, thanks to the Kim family who remind us that even the skies above Somerset offer a wonderful reason to live here.



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Tomato, Watermelon, and Halloumi Salad

Article & Photo by Chef Ariana Sherlock

TOMATO SEASON IS HERE! This salad is a great way to enjoy this year's bounty and is hearty enough to have as a vegetarian dinner entrée on a late summer night. Enjoy with a chilled glass of dry Rosé.

INGREDIENTS *Serves 4-6 people*
FOR THE DRESSING:

- ½ bunch fresh parsley leaves
- ½ bunch fresh cilantro leaves
- ¼ cup olive oil
- Juice from 1 lime, about ¼ cup
- 1 small avocado
- 1 Tbsp capers
- 1 tsp maple syrup
- 1 large clove garlic
- 1 small chili
- ½ tsp salt

FOR THE SALAD:

- 1-2 cups diced or balled watermelon
- 1-2 cups roughly chopped tomatoes, or halved cherry tomatoes
- 7 oz halloumi cheese, diced
- 1 can chickpeas, rinsed and drained
- 5 oz arugula
- 1-2 Tbsp olive oil
- 1 lime
- Salt & pepper



To make the dressing: Put all ingredients in a food processor and pulse until well mixed. Check the flavor and add more salt if needed. If you don't have a food processor, finely chop the herbs, capers, garlic and chili. Mash the avocado, then add the rest of the ingredients and mix until well combined. Set dressing aside.

To make the salad: Fry the halloumi cheese in a little olive oil over medium heat until golden on all sides. Add the chickpeas to the pan to coat lightly in olive oil.

Toss the arugula, tomatoes, and watermelon in a large bowl with remaining oil and the juice of the lime. Season with salt and pepper. Top salad with halloumi, chickpeas, and half of the dressing. Serve with remaining dressing on the side. Enjoy!

Chef Ariana graduated from Le Cordon Bleu Western Culinary Institute and is currently working as a personal chef for Honest to Goodness, the Seattle-area's No. 1 personal chef company. More info at www.honesttogoodness.com.



13176 Newcastle Commons Dr.
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Mon, Wed, Thurs: 11am - 3pm & 4:30pm - 9pm
Tuesday: Closed
Friday: 11am - 3pm & 4:30pm - 10pm
Saturday: 12pm - 10pm | Sunday: 12pm - 9pm

NOW OPEN IN
NEWCASTLE COMMONS



Newcastle Days is Sept. 6-7

Photo courtesy of The City of Newcastle

By Christina Corrales-Toy &
City of Newcastle

HAPPY NEWCASTLE DAYS!

The City of Newcastle hopes to see all of you, yes even those of you who reside outside the city, to Lake Boren Park on Sept. 6-7 for a bash worthy of the communities 25th birthday. You'll see a mixture of old favorites, with new, exciting activities as we come together to commemorate Newcastle's silver anniversary. Newcastle youngsters are sure to stay busy with our full slate of kids activities on tap for Saturday. Stop by our Kids Zone on the lawn to take a free ride on the inflatable dual slide or race your way through the Zip It obstacle course. Take turns tumbling your way through the gymnasium on Dizzy's Tumblebus, too. Plus, let out your



inner percussionist when you play the drums on the Kids Zone Junk Chime installation – new this year! Head to the tennis court where you can play a series of free carnival-type games, including

an inflatable axe throw, a basketball game with dual hoops, an inflatable football-throwing station and a baseball game that challenges you to hit the ball to certain spots.

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On Saturday, kids and adults will have the chance to express their creativity on the Lake Boren Park sidewalks. Grab some chalk and make a masterpiece. You can also paint rocks under the picnic shelter with the Newcastle Arts Council. The rocks will become part of an installation surrounding landscaped beds outside of Newcastle City Hall. You can also visit with some of our community's super heroes! Explore a Bellevue Fire Truck or meet a Newcastle Police Officer from 1-3 p.m. on Saturday. Plus, during that same period, you can visit with the Seahawks dancers as well as Captain America and Captain Marvel. You'll also get a chance to explore some of our Public Works vehicles too. Take a picture with the snow plow that made your streets safe this past winter. Get in touch with Newcastle's history at 1 p.m. Saturday with a guided tour of the Historic Newcastle Cemetery. The

cemetery will be open to the public all weekend. At 2 p.m., we'll welcome back some of our former mayors to help us cut our 25th birthday cake. Stop by to eat some cake and shake hands with the men and women who helped shape this community. And don't forget to bring \$10 cash to purchase your own limited edition 25th anniversary T-shirt!

Throughout the Newcastle Days celebration, there will be drawings for great prizes provided by our sponsors and vendors. Stop by the City booth on your way in to find all the ways you can be entered to win. And, we've got a great lineup of more than 40 local businesses, vendors and nonprofits who look forward to meeting you at their booths! Mingle with old friends, and meet some new during our 25th anniversary celebration. Use #NewcastleDays to share all of your Newcastle Days

photos on social media. We'd love to see them! For the latest schedules and information visit www.newcastlewa.gov/newcastledays.



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CALENDAR OF EVENTS

SEPTEMBER

MON. SEPTEMBER 2

Labor Day

FRI. SEPTEMBER 6

Newcastle Days

@ Lake Boren Park

Director Mary Rudd has put together an all-star cast for the 2019 Broadway-themed show on the outdoor stage at Lake Boren Park. It's a little taste of Broadway without the traffic and expensive parking! There will also be a selection of food vendors, and the beer garden will be open! • Time: 6:00pm- 8:00pm

SAT. SEPTEMBER 7

Newcastle Days

@ Lake Boren

Get ready to celebrate our City's 25th anniversary at Newcastle Days! Join us for fun, food, and live music. Enter the car show, watch the parade, meet your favorite superheroes, listen to legendary Yes drummer Alan White perform on the main stage and much more!

SUN. SEPTEMBER 8

Living with Wildlife

@ Lewis Creek Park Visitor Center

Living in south Bellevue means roaming bears. Learn all about black bears, including how to prevent conflicts in your neighborhood, and

what to do if you see a bear. This is an indoor program. Best for adults, but ages 13 years and older are welcome with accompanying adult(s).

Time: 2:00pm- 3:00pm

SAT. SEPTEMBER 14

Fall Recycling Collection Event

@ Hazelwood Elementary

Time: 9:00am- 3:00pm

SUN. SEPTEMBER 15

Ranger-Led Hike at Lakemont Highlands

Open Space

@ Lewis Creek Park Visitor Center

Join a Bellevue Park Ranger at the Lewis Creek Visitor Center to explore the Lakemont Highlands Open Space trail system. Please dress for the weather and wear sturdy shoes. Approximately 3.5 miles. • Time: 10:00 am- 12:00 pm

TUES. SEPTEMBER 17

Medicare Open Enrollment Seminar

@ Coal Creek Family YMCA

If you are a senior and want to change your Medicare plan, Annual Enrollment is available for you. Review Medicare Advantage Plans, Medicare Supplement Plans, and Prescription Drug Plans. Members and Non-Members are welcome (please bring a photo ID)! Time: 10:00am

FRI. SEPTEMBER 20-22

Kirkland Oktoberfest

@ Marina Park

Kirkland Oktoberfest is a three-day authentic München-style Oktoberfest Biergarten that

takes place in downtown Kirkland right on the waterfront! There will be imported German beers (as well as local craft favorites), plenty of food, live oompah music and DJs, keg rolling, stein hoisting, wiener dog racing, and much more! • Time: 4:00pm- 11:00 pm

SUN. SEPTEMBER 22

Chinese Cultural Celebration

@ Bellevue Botanical Garden

Celebrate and learn about Chinese culture, regional customs, calligraphy, tea, and Taiji.

Time: 1:00pm- 4:00 pm

THURS. SEPTEMBER 26

Information Session on the Seattle Coal and Transportation Era

@ Bellevue Library

Brought to you by the Eastside Heritage Society and Newcastle Historical Society join Kent Sullivan as he explains the all-but-forgotten chapter of Newcastle and Seattle's coal mining history. • Time: 7:00pm

SAT. SEPTEMBER 28

Japan Week

@ Bellevue College

The Bellevue College Japanese Culture Exchange Club, together with the Consulate-General of Japan in Seattle, will be presenting the 3rd annual JAPAN WEEK at Bellevue College. There will be many exciting activities, cultural exhibits, presentations, Japanese music, dance, and martial arts demonstrations. This is open to the public! Time: 10:00am- 5:00pm



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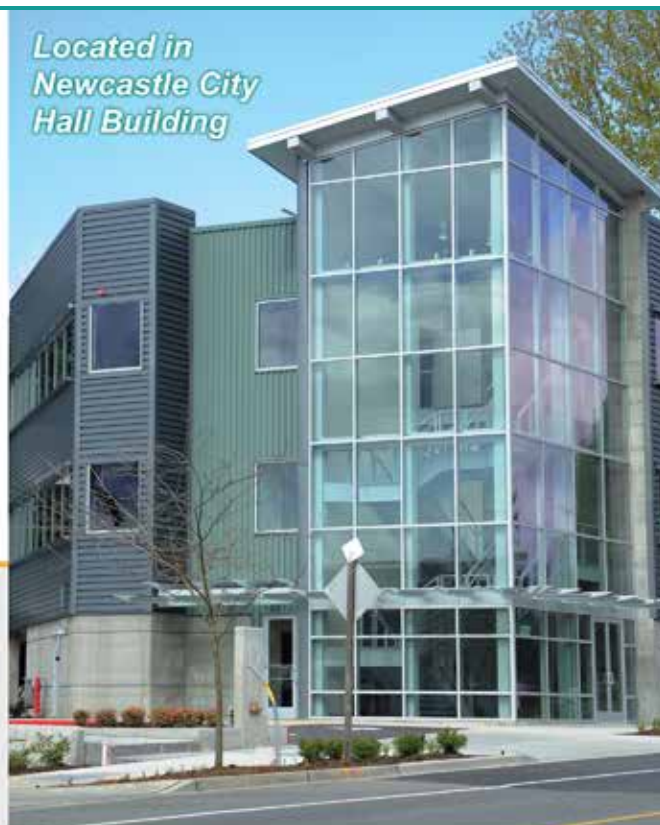
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14108 SE 45TH ST	3	2.5	3,220	3	\$1,599,000
4825 134THY PLACE SE	5	3.5	4,010	46	\$1,498,000
13921 SE 61ST PLACE	3	2.5	2,330	35	\$1,174,800
5525 HIGHLAND DR	4	3.5	4,432	26	\$1,698,800
4458 138TH AVE SE	4	2.75	3,079	173	\$1,680,000
5275 HIGHLAND DR	4	2.5	32,760	26	\$1,288,000
13063 SE 43RD PLACE	4	3.5	3,506	19	\$1,798,000

PENDING PROPERTIES

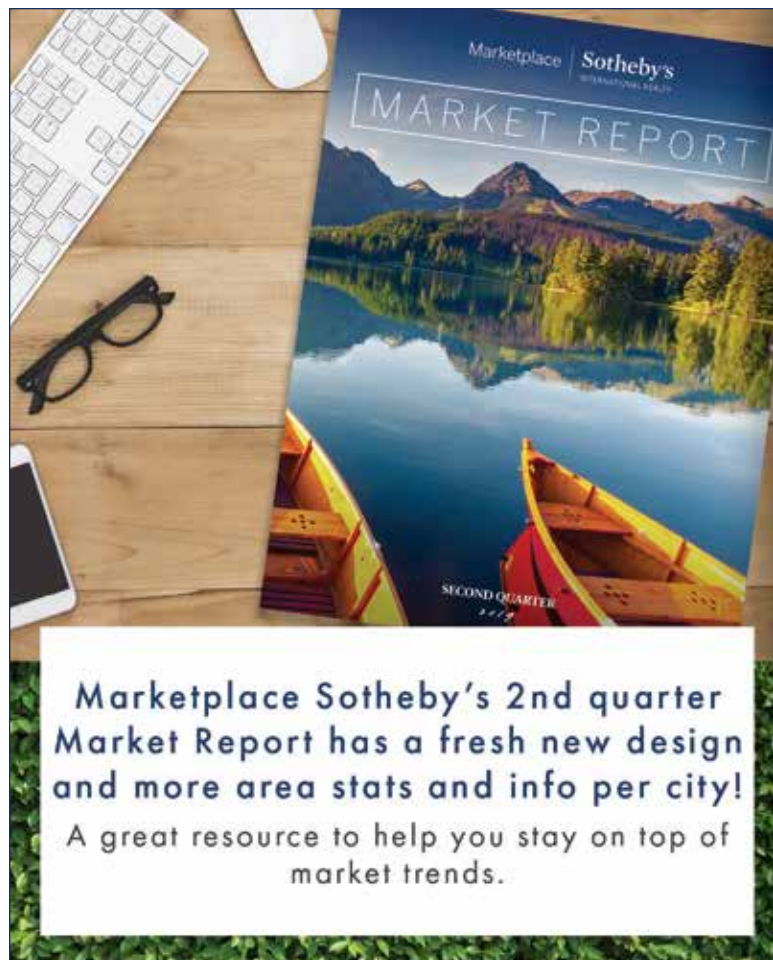
ADDRESS	BED	BATH	HOME SQ FT	DAYS ON MKT	LIST PRICE
4429 149TH PLACE SE	5	1.75	2,800	3	\$725,000
4735 136TH AVE SE	4	3	3,085	52	\$1,546,600
15037 SE 45TH PLACE	5	4.25	4,174	1	\$2,115,000
15643 SE 43RD ST	4	2.75	2,360	4	\$850,000
16003 SE 43RD ST	4	3.5	3,128	2	\$1,428,888

SOLD PROPERTIES

ADDRESS	BED	BATH	HOME SQ FT	DAYS ON MKT	LIST PRICE	SELLING PRICE
5800 145TH AVE SE	5	3.25	4,230	27	\$1,698,675	\$1,625,000
4632 132ND AVE SE	4	2.75	3,010	6	\$1,500,000	\$1,163,500
5929 146TH PLACE SE	4	2.5	2,710	6	\$1,250,000	\$1,250,000
13828 SE 64TH ST	4	2.5	2,946	5	\$1,448,000	\$1,448,000
4812 140TH PLACE	5	3	3,280	15	\$1,100,000	\$1,028,200
4548 144TH AVE SE	4	2.75	2,470	52	\$1,010,000	\$1,028,200
13605 SE 50TH PLACE	5	3.5	3,760	5	\$1,375,000	\$1,453,000
4902 136TH PLACE SE	4	2.75	2,550	51	\$1,149,888	\$1,140,000
13715 SE 43RD ST	4	2.5	3,710	60	\$1,519,000	\$1,400,000

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A Born Reader

By Naira Jain

A NEWCASTLE NATIVE since she was six and soon-to-be senior in high school, Naira fell passionately in love with words when she was four. From a young age, she preferred books to people, and could often be found with a book in her hand walking up and downstairs, on the toilet, in restaurants, on flights, upon waking, and before going to bed. Her tastes are varied: from the Harry Potter series (which she finished at eight) through her dog-eared and worn-out Peanuts collection to Jeffrey Archer's mind-bending short stories. Since she began to read, she has been writing insatiably in various forms - fantasy novels, mystery movie scripts, deep and saddening prose poetry. She considers all of this exploration a part of her quest to express herself intimately and poignantly in both the spoken and written form. Naira says that "of all the addictive substances she's been exposed to over the course of her 16 years, poetry is by far her favorite." Her poetry is a soul-baring, raw, and honest expression of life and its myriad experiences. She writes about her friends, family, crushes, school, or even just

Naira published her first book, *Confessions of a Teenage Loser*, at 16 years old. Photos courtesy of Naira Jain.



attractive flowers she sees on the street – making her writing simultaneously petty and pretty.

Many teenagers see themselves in her art, both literally and figuratively; even adults are not immune, shifting between reliving the angst of bygone days and fantasizing about love that could have been. Naira prides herself in her ability to touch nerves and hearts with her writing and conveys this most clearly with her maiden book of poems, *Confessions of a Teenage Loser*. This book is a reminder to the world that young people feel just as much as adults. Their silence is not withdrawal, but failure to be heard; and age, or who or how one loves or loses, do not define a person. To Naira, no matter how different each person's experience and expression is, everything is meaningful, and she will continue bringing that meaning to life with her words.

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